

This page and its content was produced by the Newspapers in Education department of The News & Observer November 8, 2001



SCHOOL to career

focus on jobs in Human Environmental Sciences

Preparation for your life, not just your first job.

In today's world every woman has unlimited potential! You can do anything you want to do. Human Environmental Sciences focuses on assisting people to improve the quality of their lives, thereby improving the conditions of society. Human Environmental Sciences strives to develop in students the knowledge, skills, values, and global awareness necessary to pursue careers, and enter graduate programs, in the following areas of study: Child Development, Clothing and Fashion Merchandising, Family and Consumer Sciences, Foods and Nutrition, and Interior Design.

Adria Altemus Massey has been in retail since she was 16 years old. She further developed her career by receiving a M.S. in Clothing and Fashion Merchandising from Meredith in May of 1994, and, to increase her marketability, she completed an internship in New York. Between 1994 and 1998, she opened Adria's Boutique in Cary and helped to renovate Hudson Belk and three different Cache stores.



Since graduating from Meredith in 1980, **Lynn Hoggard** has freelanced with *The News & Observer*, has been a clinical nutritionist at Wake Med, and has worked for the Department of Public Instruction. She still wears "two hats" and works full-time for the Cooperative Extension Service at NCSU and is on the WRAL Health Team, with Tuesday being her normal report day on air for the 6AM, Noon, and 5PM News. The Noon "recipe remake" is published in *The News & Observer* Food Section on Wednesday. At NCSU, Hoggard coordinates a statewide nutrition program for low income families. She said, "Communicating through the media is a powerful way to share the importance of good nutrition. I love the subject matter and Meredith taught me the importance of lifelong learning." Hoggard is past-president of the North Carolina Dietetic Association.



Shannon Braxton Braxton teaches "Exploring Life Skills" and "Exploring Career Decisions" to 6th, 7th, and 8th graders at C.W. Stanford Middle School in Hillsborough. Braxton graduated from Meredith College in May of 1995 with a B.S. degree in Home Economics Education (now Family and Consumer Sciences) and Child Development. She earned a teaching certificate for grades 7-12 and is nationally board certified in Career and Technical Education. Prior to moving to Hillsborough, she taught 9th grade at Rockingham Junior High School in Rockingham, NC for 6 years. She said, "I love preparing students with the skills needed to be successful in life and in the world of work just as Meredith prepared me with these skills." Braxton believes that Meredith faculty and staff members take a personal interest in each student and encourage them to participate in extra-curricular activities. "I credit my success and happiness to the leadership skills I developed while serving in leadership roles in college organizations and professional internships."



As a student majoring in Child Development, **Janice Hopper** was one of the first to receive her Birth through Kindergarten License and is the first teacher in the Title I Pre-K program at Zebulon Elementary. As part of her education at Meredith, she spent 150 hours working at the White Plains Children's Center and at Project Enlightenment. She graduated in May of 2000. "It feels so natural for me to work with the younger children and I like the flexibility. I love what I do," said Hopper.



Where/how to get training

The Department of Human Environmental Sciences at Meredith College offers undergraduate majors and concentrations leading to Bachelor of Science degrees in:

- Child Development
- Child Development with K-6 teacher licensure
- Child Development with Birth-Kindergarten licensure
- Clothing and Fashion Merchandising -Design
- Clothing and Fashion Merchandising - Merchandising
- Family and Consumer Sciences
- Family and Consumer Sciences with 7-12 teacher licensure
- Foods and Nutrition
- Interior Design

In addition, Meredith offers a post-baccalaureate Dietetic Internship, and a Master of Science in Nutrition

Future Job Opportunities

The projected rate of growth for this occupation in North Carolina is above average.

Some of the jobs held by graduates of the Department of Human Environmental Sciences are:

- Apparel Designer
- Buyer
- CAD Operator
- Caterer
- Child Care Director
- Consumer Representative
- Cooperative Extension Agent
- Dietitian
- Early Interventionist
- Elementary Teacher
- Events Planner
- Facilities Planner
- Fashion Designer
- Food Services Manager
- 4-H Agent
- Hospital Interior Designer
- Hotel/Restaurant Interior Designer
- Interior Design Educator
- Kindergarten Teacher
- Marketing Home Economist
- Middle & High School Teacher
- Nutrition Counselor
- Office Interior Designer
- Parent Educator
- Preschool Administrator
- Public Health Nutritionist
- Residential Interior Designer
- Set Designer
- Sports Nutritionist
- Visual Merchandiser

Skills Required

- Written Expression
- Oral Expression
- Written Comprehension
- Critical Thinking



For more information on Meredith scholarships or financial assistance, call the Office of Financial Assistance, 1 (800) MEREDITH. For more information on federal financial aid programs, call (800) 4-FEDAID

Recommended High School Classes

- English
- Foreign Language
- Mathematics
- Science
- History/Social Studies
- Teen Living
- Foods and Nutrition
- Interior Design and Housing
- Child Development
- Clothing Design

Average Starting Salaries

Public School Teacher, Birth-12	\$25,000-49,420
Preschool Teachers and Child Care Teachers	\$13,760-30,310
Early Interventionists	\$27,000-30,000
Purchasing Managers and Buyers	\$22,290-63,520
Retail Supervisors and Managers	\$20,000-42,640
Interior Designers	\$24,000-65,810
Dietitians and Nutritionists	\$25,501-51,320
Restaurant and Food Service Managers	\$19,820-45,420
Extension Agent--Family & Consumer Education	\$24,921-42,420
4-H Extension Agent	\$24,921-42,420

If you would like to make a statement about your business's commitment to education, call Mary Moxin at 829-4870 or email mmoxin@newsobserver.com. For information about Newspapers in Education, call Jean House 829-8921 or Anita Stack 829-4811.

This educational partnership sponsored by:



"School to Career" pages are archived online on the bizednetwork.org



Want to know more?

Meredith College
Human Environmental Sciences Web Site
www.meredith.edu/hes

Dr. Deborah Tippet
Head of
Human Environmental Sciences
Family and Consumer Sciences
tippetd@meredith.edu

Dr. Kathryn Clark
Child Development
clarkk@meredith.edu

Dr. Diane Ellis
Clothing and Fashion Merchandising
ellisd@meredith.edu

Dr. Bill Landis
Foods and Nutrition Dietetic Internship
Master of Science in Nutrition
landisb@meredith.edu

Dr. Martha Burpitt
Interior Design
burpittm@meredith.edu

Meredith College
Department of Human Environmental Sciences
3800 Hillsborough Street
Raleigh, NC 27607
919-760-8584

After having taught the deaf in the Durham Public Schools



for years, **Joan Catena** made the decision to change careers. She enrolled in the Interior Design Program at Meredith College as a non-traditional age student, a term used to describe students over the age of 23. Catena said, "Meredith provides an incredibly supportive environment for all students, and I would recommend it to all women at any age who are interested in furthering their education." Catena now works at Phillips Architecture in Raleigh where she utilizes computer-aided-design (CAD) tools to lay out office workspaces and to generate construction documents from which building contractors build those spaces.



While enrolled in the Human Environmental Sciences program at Meredith, **Nina Crawford** did an internship with the North Carolina Cooperative Extension Service in Wake County. She went on to graduate in 1996 with a double major in Clothing and Fashion Merchandising and Business Management. She now works full-time with Wake County Cooperative Extension and provides leadership to the county 4-H club system. The approximately 40 4-H clubs in the county are volunteer led, community-based youth groups focusing on experiential education and positive life skills development for youth ages 5-19. "Meredith equipped me with the knowledge and confidence to learn the skills necessary to work effectively," Crawford said. "The one thing I enjoyed most about 4-H is working closely with families and youths in the various communities on Wake County."